

Magnesium provides nutritional support for healthy muscle function.*

- Magnesium is an essential cofactor in many enzymatic reactions that support cellular function.*
- Promotes strong bones*

Directions: Take three tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: Consult your healthcare practitioner if taking medications. Keep out of the reach of children.

Warning: If loose stools occur, stop use and notify your healthcare practitioner.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

blumTM

HEALTHMD

MAGNESIUM

Supports healthy muscle function*

DIETARY SUPPLEMENT

120 TABLETS

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 40

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%**
Dietary Fiber	<1 g	3%**
Calcium (as calcium citrate)	60 mg	5%
Magnesium (as magnesium citrate)	300 mg	71%

**Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

DISTRIBUTED BY: BCH
34 RYE RIDGE PLAZA, RYE BROOK, NY 10573
WWW.BLUMHEALTHMD.COM
To report adverse events call 866-649-4334.

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