

OMEGA GLA 240 offers 240 mg of gamma-linolenic acid (GLA) per softgel sourced from pure borage seed oil, supporting cellular health.*

Directions: Take one softgel twice daily or as directed by your healthcare practitioner.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking medications. Keep out of the reach of children.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



blumTM
HEALTHMD
ESSENTIALS
OMEGA GLA 240
DIETARY SUPPLEMENT
90 SOFTGELS

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 90

Amount Per Serving		% Daily Value
Calories	15	
Total Fat	1.5 g	2%*
Vitamin E (as d-alpha tocopheryl acetate)	6.7 mg	45%
Gamma-Linolenic Acid (from borage seed oil)	240 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Gelatin, glycerin, and purified water.

DISTRIBUTED BY: BCH
34 RYE RIDGE PLAZA, RYE BROOK, NY 10573
WWW.BLUMHEALTHMD.COM
To report adverse events call 866-649-4334.

This product is produced in a facility that also processes tree nuts, fish, and crustacean shellfish derived ingredients.

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