

Vitamin D3 5000 provides 125 mcg (5,000 IU) of vitamin D₃ in easy-to-swallow softgels. This oil-soluble form of vitamin D is easily absorbed in the intestinal tract.

Directions: Take one softgel daily or as directed by your healthcare practitioner. Do not exceed recommended dosage unless directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Caution: If pregnant or nursing, taking other nutritional supplements or medications, consult your healthcare provider before use. Keep out of the reach of children.

Notice: This product contains vitamin D at a level that exceeds the adult tolerable upper intake level. It is highly recommended that serum 25(OH)- and 1,25(OH)₂-vitamin D be monitored every 60-90 days while consuming this product to ensure that levels remain in an acceptable range.

Storage: Keep tightly closed in a cool, dry place.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



blumTM
HEALTHMD

ESSENTIALS

VITAMIN D3
5000

DIETARY SUPPLEMENT
120 SOFTGELS

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 120

Amount Per Serving		% Daily Value
Vitamin D (as cholecalciferol)	125 mcg (5,000 IU)	625%

Other Ingredients: Safflower oil, gelatin, glycerin, and water.

DISTRIBUTED BY: BCH
34 RYE RIDGE PLAZA, RYE BROOK, NY 10573
WWW.BLUMHEALTHMD.COM
To report adverse events call 866-649-4334.

This product is produced in a facility that produces products containing soy, fish, and crustacean shellfish.

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