

Multivitamin with Antioxidants takes you beyond basic wellness support. It has a proprietary blend of 13 concentrated extracts and phytonutrients with scientifically tested biological activity to support cellular health and overall wellness.*

Directions: Take one to two tablets once daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Warning: Do not use if pregnant or nursing. Excess vitamin A may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A per day.

Caution: If you are taking medication, or other nutritional supplements consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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HEALTHMD

MULTIVITAMIN
WITH
ANTIOXIDANTS

Redefine Your Health Potential*
Phytonutrients • Vitamins • Minerals

DIETARY SUPPLEMENT
120 TABLETS



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%*	
Dietary Fiber	<1 g	2%*	
Vitamin A (from mixed carotenoids and retinyl acetate)	3,000 mcg	333%	
Vitamin C (as ascorbic acid and ascorbyl palmitate)	120 mg	133%	
Vitamin D (as cholecalciferol)	25 mcg (1,000 IU)	125%	
Vitamin E (as d-alpha tocopheryl succinate)	67 mg	447%	
Vitamin K (as phytonadione USP)	120 mcg	100%	
Thiamin (as thiamin mononitrate)	25 mg	2,083%	
Riboflavin	15 mg	1,154%	
Niacin (as niacinamide and niacin)	50 mg	313%	
Vitamin B ₆ (as pyridoxine HCl)	25 mg	1,471%	
Folate (as calcium L-5-methyltetrahydrofolate)*	1,360 mcg DFE	340%	
Vitamin B ₁₂ (as methylcobalamin)	200 mcg	8,333%	
Biotin	500 mcg	1,667%	
Pantothenic Acid (as calcium D-pantothenate)	75 mg	1,500%	
Choline (as choline bitartrate)	25 mg	5%	
Iodine (as potassium iodide)	150 mcg	100%	
Magnesium (as magnesium citrate)	40 mg	10%	
Zinc (as zinc citrate)	15 mg	136%	
Selenium (as selenium aspartate)	100 mcg	182%	
Copper (as copper citrate)	1 mg	111%	
Manganese (as manganese citrate)	0.5 mg	22%	
Chromium (as chromium polynicotinate)	200 mcg	571%	
Molybdenum (as molybdenum aspartate complex)	50 mcg	111%	
Proprietary Phytonutrient Blend of:	400 mg	**	
Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 43.2 mg gallic acid equivalents (GAE)], grape seed extract [standardized to 85% oligomeric proanthocyanidins], blueberry (<i>Vaccinium</i> spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (<i>Cinnamomum cassia</i>) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 7.6% min sum of carnosol+arnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]			
Myo-Inositol	25 mg	**	
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	10 mg	**	
Lutein	6 mg	**	
Lycopene	6 mg	**	
Zeaxanthin	2 mg	**	

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)].

DISTRIBUTED BY: BCH
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To report adverse events call 866-649-4334.

*As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany